



RCAC - OCTOBER 2018



Sunday	MENU	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	Week 4	1 10:45 Kountry Store 12:45 Farkle 3:30 Exercise	2 10:00 Little Folks Visit 12:45 Shut the Box 3:00 Exercise	3 9:15 Divine Mercy 10:00 Bible Study 12:45 Resident Mtg 1:30 Rock Painting 3:00 Rosary-CBRF DR NO EXERCISE TODAY	4 PET VISIT- ZEUS 12:45 Golf 12:45 WalMart Trip 3:00 Exercise	5 Donna Off 10:30 First Friday Mass (K1) 12:45 Wheel Less Fortune 1:30 BINGO NO EXERCISE TODAY	6 12:45 Banga 1:00 Movie
7 9:00 Devotions 12:00 Bunco 6:30 Hymn Sing	Week 5	8 Carol Off 10:45 Kountry Store 12:45 Do You Have? 3:00 Exercise	9 10:30 Library Outreach 11:00 Color Ride & Out to Eat- Roadside Plymouth 12:45 Bowling Dice NO EXERCISE TODAY 6:30 BINGO	10 9:15 Divine Mercy 10:15 Bible Study-DR 12:45 Finish Lyrics 2:45 Lutheran Services 3:00 Rosary/ CBRF DR NO EXERCISE TODAY	11 9:30 FLU SHOTS- APPT- AR PET VISIT- ZEUS 12:45 UNO 12:45 Watercolor Art 3:15 Exercise	12 9:15 Service Project- AR 12:45 Cards Down 1:30 BINGO NO EXERCISE TODAY	13 12:45 Ship, Capt, Crew 1:00 Movie
14 9:00 Devotions 12:45 Cards Down 6:30 Hymn Sing	Week 6	15 10:45 Kountry Store 12:45 Bingo Dice 12:45 Watercolor Art 3:00 Exercise	16 10:00 Little Folks Visit 12:45 Garbage 3:00 Exercise 6:30 BINGO	17 9:15 Divine Mercy NO BIBLE STUDY 1:00 Tenzi Teams 3:00 Rosary-CBRF DR NO EXERCISE TODAY	18 PET VISIT- ZEUS 12:45 Pokeno 1:30 Birthday Bash/ Mellow Fellows NO EXERCISE TODAY	19 12:45 Toss Up NO BINGO TODAY NO EXERCISE TODAY 7:00 ART SHOW	20 12:45 Shut the Box 1:00 Movie
21 9:00 Devotions 12:45 Pokeno 6:30 Hymn Sing	Week 1	22 10:45 Kountry Store 12:45 Shake a Memory 2:00 Oktoberfest- Jim Vollmer 3:00 Exercise	23 9:00 Absentee Voting-AR 12:45 Do You Have? 3:00 Exercise 6:30 BINGO	24 9:15 Divine Mercy NO BIBLE STUDY 12:45 Winery Tour 2:45 Lutheran Services 3:00 Rosary-CBRF DR NO EXERCISE TODAY	25 PET VISIT- ZEUS 12:45 Down the Line 3:00 Exercise	26 9:00 WalMart Trip 12:45 Finish the Lyrics 1:30 BINGO 3:00 RCAC SPA DAY NO EXERCISE TODAY	27 12:45 Square Shooters 1:00 Movie
28 9:00 Devotions 3:25 Packer Party/ Supper NO HYMN SING	Week 2	29 10:45 Kountry Store 12:45 Finish Line 3:00 Exercise	30 1:30 Armchair Travels- Austria NO EXERCISE TODAY 6:30 BINGO	31 9:15 Divine Mercy 9:30 Little Folks- Costumes 10:00 Bible Study 12:45 Skunk 3:00 Rosary- CBRF DR NO EXERCISE TODAY			BIRTHDAYS Joyce H- 20th Ivan V- 21st
ACTIVITIES & MENU ITEMS SUBJECT TO CHANGE							