



RCAC - JULY 2018



Sunday	MEN	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Devotions 12:45 Toss Up 6:30 Hymn Sing	Week 3	2 10:45 Kountry Store 12:45 Garbage 1:30 Little Folks Visit 3:00 Exercise	3 10:00 Piano w/ Sam 12:45 Resident Meeting 2:00 Char West Sing Along NO BINGO—FIREWORKS 3:00 Exercise	4 Fourth of July 12:45 Cards Down 1:00 Movie	5 9:15 Morning Stretch– AR 10:15 Bible Study 12:45 WalMart Trip NO EXERCISE	6 10:30 First Friday Mass 12:45 Down the Line 1:30 Bingo 3:00 Exercise	7 12:45 LCR 1:00 Movie
8 9:00 Devotions 12:45 Rummy 6:30 Hymn Sing	Week 4	9 10:45 Kountry Store 12:45 Sheepshead/ cards 3:00 Exercise	10 10:30 Library Outreach 1:30 Patio Ice Tea Party NO EXERCISE 6:30 BINGO	11 9:15 Divine Mercy 9:30 Rosary 10:15 Bible Study 1:00 Tenzi Teams– CBRF 3:00 Exercise	12 9:15 Morning Stretch– AR 12:45 Shut the Box 2:00 Two Sharps and Two Flats/ Social NO EXERCISE	13 12:45 Ship, Capt, Crew 1:30 Bingo 3:00 Exercise	14 12:45 Banga 1:00 Movie
15 9:00 Devotions 12:45 Bingo Dice 6:30 Hymn Sing	Week 5	16 10:45 Kountry Store 12:45 Sheepshead/ cards 1:30 Little Folks Visit 3:00 Exercise	17 10:00 Sing Along w/ Erin 1:00 Sea Shell Craft 3:00 Exercise 6:30 BINGO	18 9:15 Divine Mercy 9:30 Rosary 10:00 Bible Study 11:00 Out to Eat– Jimmy's 12:45 Do You Have? 2:45 Lutheran Services	19 9:15 Morning Stretch– AR 12:45 Pick your Number 2:00 Heun Brothers/ B-Day Bash NO EXERCISE	20 12:45 Finish Lines 1:30 Bingo NO EXERCISE	21 12:45 Golf 1:00 Movie
22 9:00 Devotions 12:45 UNO 6:30 Hymn Sing	Week 6	23 10:45 Kountry Store 12:45 Sheepshead/ cards 3:00 Exercise	24 10:00 Wellness Clinic 12:45 Trivia 3:00 Exercise 6:30 BINGO	25 9:15 Divine Mercy 9:30 Rosary 10:15 Bible Study 12:45 Bowling Dice 2:45 Lutheran Services NO EXERCISE 7:00 Memorial Service– K1	26 9:15 Morning Stretch– AR 10:00 Washington Co. Fair Trip 12:45 Square Shooters NO EXERCISE	27 9:00 Wal Mart Trip 12:45 Finish the Lyrics 1:30 Bingo 3:00 RCAC Spa Day NO EXERCISE	28 12:45 Down the Line 1:00 Movie Piano w/ Sam
29 9:00 Devotions 10:00 Skunk 6:30 Hymn Sing	Week 1	30 10:45 Kountry Store 12:45 Sheepshead/ cards 3:00 Exercise	31 9:00 –11:00 Car Show 1:30 Armchair Travels– See the USA– Rt. 66 NO EXERCISE 6:30 BINGO			BIRTHDAYS Ray Gutjahr 8th Doris Schladweiler 16th Shirley Koth 22nd Judy Brautigam 22nd Dee Dee Hofmann 25th	
			ACTIVITIES & MENU ITEMS SUBJECT TO CHANGE				