



RCAC - OCTOBER 2017



Sunday	MENU	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
1 9:00 Devotions 12:45 Do You Have? 6:30 Hymn Sing	Week 5	2 9:30 Pet Therapy 10:45 Kountry Store 12:45 Sheepshead/ cards 3:30 Exercise	3 12:45 Color Ride- RCAC 3:30 Exercise 6:30 BINGO	4 9:15 Divine Mercy 10:15 Bible Study 12:45 Resident Mtg 1:30 Reading Group 3:00 Rosary-CBRF DR NO EXERCISE TODAY	5 12:45 Wal Mart Trip 12:45 Golf 3:00 Exercise	6 10:30 First Friday Mass (K1) 12:45 Wheel Less Fortune 1:30 BINGO 3:00 Exercise	7 12:45 Banga 1:00 Movie
8 9:00 Devotions 12:45 Pick Your Number 3:25 Packer Party 6:30 Hymn Sing	Week 6	9 9:30 Pet Therapy 10:45 Kountry Store 12:45 Sheepshead/ cards 3:00 Exercise	10 OCTOBERFEST!! 10:30 Library Outreach 12:45 Bowling Dice 2:00 JIM VOLLMER/ SOCIAL NO EXERCISE 6:30 BINGO	11 9:15 Divine Mercy 10:00 FLU SHOTS- APPT. 10:15 Bible Study-DR 1:30 Reading Group 2:45 Lutheran Services 3:00 Rosary/ CBRF DR NO EXERCISE TODAY	12 Carol Off half day 10:15 KHS KIDS 12:45 UNO 1:30 BINGO 3:00 Exercise	13 Carol Off 12:45 Cards Down 2:00 In-services NO EXERCISE TODAY	14 12:45 Ship, Capt, Crew 1:00 Movie
15 9:00 Devotions 12:45 Cards Down 6:30 Hymn Sing	Week 1	16 Carol Off 9:00 Kountry Store 9:30 Pet Therapy 10:15 Little Folks 12:45 Bingo Dice 3:00 Exercise	17 12:45 Sheepshead/ cards 3:00 Exercise 6:30 BINGO	18 9:15 Divine Mercy 10:15 Bible Study 1:30 Reading Group 3:00 Rosary-CBRF DR NO EXERCISE TODAY	19 9:15 Brews and News 12:45 Tenzi Teams NO EXERCISE TODAY	20 12:45 Taboo 1:30 BINGO 3:00 CBRF SPA DAY NO EXERCISE	21 12:45 Shut the Box 1:00 Movie
22 9:00 Devotions 12:45 Pokeno 6:30 Hymn Sing	Week 2	23 9:30 Pet Therapy 10:45 Kountry Store 12:45 Sheepshead/ cards 3:00 Exercise	24 11:00 Out to Eat- O'Reilly's -Allenton 12:45 Toss Up 3:00 Exercise 6:30 BINGO	25 9:15 Divine Mercy 10:15 Bible Study 12:45 Racko 1:30 Reading Group 2:45 Lutheran Services 3:00 Rosary-CBRF DR NO EXERCISE TODAY	26 12:45 Golf 2:00 MELLOW FELLOWS/ BIRTHDAY PARTY/SOCIAL NO EXERCISE	27 9:00 Wal Mart Trip 12:45 Finish the Lyrics 1:30 BINGO 3:00 RCAC SPA DAY NO EXERCISE	28 12:45 Square Shooters 1:00 Movie
29 9:00 Devotions 12:45 Bunco 6:30 Hymn Sing	Week 3	30 9:30 Pet Therapy 10:45 Kountry Store 12:45 Sheepshead/ cards 3:00 Exercise	31 12:45 Armchair Travels-Germany NO EXERCISE 6:30 BINGO				BIRTHDAYS Kathy R- 3rd Joyce H- 20th Ivan V- 21st
ACTIVITIES & MENU ITEMS SUBJECT TO CHANGE							